ADULT KEELBOAT TRAINING COURSES

Start Crewing / Helming is designed for people with little or no sailing experience, who want to get a taste of sailing, as well as those wanting to take their skills further. Run over 3 days, each day will consist of 1 hour of discussion & practical rope work followed by 3 hours of on-water instruction.

During the on-water instruction each group of 4 participants will be accompanied by an instructor accredited to the National Keelboat Scheme. Each participant will be required to wear life jackets during on water activities. Instructions on correct fit & use will be an early priority on boarding the boat. Strong winds or forecast strong winds (generally in excess of 15 knots) will be reason to cancel the on water activity.

Generally participants will be rotated through different boats & instructors for each on water session to broaden the experience of different types of boats.

The course includes:
- Sail handling – learn to prepare the sails & rig the boat
- Learn the correct use of halyards, sheets & deck hardware
- Reef & shake out sails whilst underway
- Helm & trim sails effectively on all points of sail
- Helm effectively around a triangular course including tacking & gybing
- Recover a man overboard under sail as helm
- Basic weather forecasts
- Emergencies & raising the alarm
- Anchoring the boat

COURSE DATES: 21st March, 28th March & 4th April (8am - 12pm)
COST FEES: $260 (members) | $300 (non-members)

Contact us for a registration form today.
Call 9339-8111 or email activities@efyc.com.au