

# EAST FREMANTLE YACHT CLUB YOUTH DEVELOPMENT 2011/12

Welcome everybody to the start of a new summer sailing season. Marg Shiner is your Youth Development Coordinator for the 2011/12 Season. Marg's major role at the Club will be to coordinate the interclub events, and to ensure that they are run as successfully as they have been in the past.

East Fremantle Yacht Club will be forming a "2011/12 Youth Development Squad". The squad will be made up of the participants in the interclub events listed below:

### Inter-club Youth Teams Racing Series

An under 18 series that will be raced in the "Pacers". The series will commence in February, with all races being held on Friday late afternoons. Training will also be on Friday late afternoons leading up to, and during the series. An excellent youth training opportunity.

*The Inter-club Youth teams Racing Series dates and venues are still to be confirmed. Dates will be provided once confirmation has been received from YWA.*

### Foundation Youth Cup

This event will be held on 18 March 2012, and will be competed in the Foundations. It is an under 21 event, which will suit our older youth squad members. Participation in training and fundraising are paramount to this event.

The squad will be involved in a variety of development programs. These programs will be closely associated with the interclub events, and will also involve the following:

#### 1) Yachting Skill Development

- Boat Handling Skills capabilities for different ages and events
- Rig and sail adjustment skill capabilities for different ages and events

#### 2) Yachting Knowledge Development

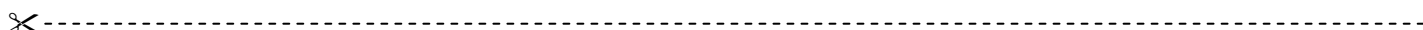
- Tactical development and capabilities for different ages and events
- Acceptable understanding of yachting rules
- Sail shape knowledge and understanding

#### 3) Personal Fitness

- To provide an opportunity to gain knowledge on sailing fitness
- Provide a fitness program to team members who are at an age to use it to their advantage

Please be aware that if you accept to be a part of the development squad, you are expected to be committed to all areas of the event, including training, fundraising and development programs. The squad will be presented with a development squad shirt, which will be their uniform for the upcoming events.

Please complete the form below indicating your preferences, and return to the Centreboard Captain Danny O'Byrne by **15th October 2011**.



## EAST FREMANTLE YACHT CLUB YOUTH DEVELOPMENT EVENTS EXPRESSION OF INTEREST FORM

### EVENTS

I would like to participate in and commit to the following events:

- Inter Club Youth Teams Racing Series       Foundation Youth Cup – Boys Team       Foundation Youth Cup – Girls Team

### PERSONAL DETAILS

Surname: \_\_\_\_\_ Given Name: \_\_\_\_\_

Gender:     MALE     FEMALE    Date of Birth: 

D	D	/	M	M	/	Y	Y	Y	Y
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Parent / Guardian Name \_\_\_\_\_

Postal Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Please complete this form and return to the Centreboard Captain Danny O'Byrne by **15th October 2011**.



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Affiliated with Yachting Western Australia Inc.  
Accredited Yachting Australia Training Centre

